

FLYFUEL



CATERING

EATFLYFUEL.COM

BUNDLES

GAME NIGHT FAVS

SERVES 12-16

1 PLATTER OF ASSORTED WRAPS, 2 CAULIFLOWER PIZZAS, 1 SALAD OF YOUR CHOICE, AND 1 TRAY OF SWEET POTATOES WEDGES WITH A SIDE OF FLYSAUCE \$275

SPRING MIX

SERVES 12-16

1 SALAD OF YOUR CHOICE, 1 PLATTER OF ASSORTED WRAPS, AND 1 FRUIT PLATTER \$245

FAMILY HARVEST

SERVES 16-18

1 AUTUMN PLATTER, 1 OVEN ROASTED SALMON PLATTER, AND 2 SALADS OF YOUR CHOICE \$295



SMOOTHIES

MINI SMOOTHIE TRAY

SERVES 12
\$69.95

16OZ SMOOTHIE TRAY

SERVES 12
\$118.95



SALADS

SERVES 12-16

KALE CAESAR

KALE, ROMAINE, PARMESAN, SUNFLOWER SEED, CHOPPED EGG, TURKEY BACON, HOMEMADE CROUTONS, LEMON SQUEEZE, CAESAR DRESSING \$71.95

SESAME CRUNCH

KALE, ROMAINE, BROCCOLI, CUCUMBER, CARROT, CABBAGE, AVOCADO, SESAME, TOASTED ALMONDS, CRUNCHY NOODLES, SOY PEANUT DRESSING \$71.95

MYKONOS

ROMAINE, SPINACH, WARM QUINOA, CRUNCHY CHICKPEAS, MINT, CUCUMBER, CHERRY TOMATO, RED ONION, GREEK SEASONING, PITA CHIPS, FETA, LEMON DRESSING \$71.95

WRAPS

SERVES 12-16

ASSORTED WRAP PLATTER

AN ASSORTMENT OF OUR BEST-SELLING WRAPS OR INDIVIDUALLY SELECTED WRAP PLATTERS, AND SAUCES ON THE SIDE

CHICKEN CAESAR, FALA-FUEL, CHICKEN AVO, TUNA SALAD, OR ROASTED SALMON, SERVED ON A WHOLE WHEAT WRAP SERVES 12-16 \$119.95



DESSERTS

SERVES 10

GLUTEN FREE COOKIE PLATTER

10-PACK CHOCOLATE CHIP COOKIES \$31.50

CHOOSE A SIDE

SERVES 4-6
WILD RICE \$24.95
WARM QUINOA \$29.95
BLACK LENTILS \$24.95

SERVES 10-12
SWEET POTATOES WEDGES TRAY \$50.95

SERVES 4-6
SWEET POTATOES BOWL \$24.05
BROCCOLI \$29.95
BRUSSELS \$35.95

PROTEIN

SERVES 12-16

ROASTED CHICKEN PLATTER

OVEN ROASTED CHICKEN BREAST SEASONED WITH GARLIC, MARJORAM, PARSLEY, AND ROSEMARY \$64.95

ROASTED SALMON PLATTER

OVEN ROASTED SALMON SERVED MEDIUM GARNISHED WITH LEMON WEDGES \$89.95

CAULIFLOWER PIZZAS

SERVES 8

HOT HONEY TRUFFLE

BURRATA, MOZZARELLA, HOT HONEY, TRUFFLE, RED PEPPER FLAKES, BASIL, WHITE SAUCE \$20.95

PESTO

SUN DRIED AND CHERRY TOMATO, MOZZARELLA, GOAT CHEESE, PESTO, ARUGULA, HONEY BALSAMIC DRIZZLE \$20.95

BIANCO

ROASTED CHICKEN, KALE, ROASTED MUSHROOM, WHITE SAUCE, MOZZARELLA, HONEY BALSAMIC DRIZZLE \$21.95

VEGAN VEGGIE

VEGAN CAULIFLOWER CRUST, TOMATO SAUCE, VEGAN MOZZARELLA, ROASTED TOMATO, RED ONION, BROCCOLI, MUSHROOMS, GARLIC \$18.95

THE ORIGINAL

CHERRY TOMATO, MOZZARELLA, PARMESAN, TOMATO SAUCE, WILD ARUGULA, OLIVE OIL \$16.95

